

# Girls Active

Girls Active is an opportunity for all girls to get active and have fun. A lot of teenage girls do not like sports, but the Girls Active group will change that when the girls see what we have to offer...

Netball is a great way to stay fit, have fun and work together as a team. The girls go to multiple matches every academic year, for example we went to St Bede's and won! The team was jumping up and down for joy when they found out. The year 7 team have amazing tactics; they have won several matches this term thanks to their fantastic team work.



Rugby is a great way for girls to stay active, even

though you might get a little bit muddy and dirty. Girls often don't like rugby because of how rough it is, but after you experience it, you will feel differently. The team (including year 7s and 8s) have got into to County Finals with an amazing 3-2 victory. The girls worked extremely hard and really deserved the win. Hopefully there will be a lot more victories to come.

When you think about football, you don't really think about girls' football, do you?

Well, the Girls Active Football club makes sure that no matter what, girls can have fun while doing sports and getting fit. The girls have won one match so far with 7 goals, including an unforgettable hat-trick from Year 8 Nikita! The girls will have many more victories to come in the future.

